

# What is it like to be a Humanist in the UK today? (Y3 & Y4)

## Key Vocabulary

<b>Consequences</b>	The outcome of a choice or action
<b>Ethical</b>	Questions about living a good life and what is right and wrong.
<b>Freedom</b>	Humanists believe that we should have the freedom to think for ourselves and to live our lives the way we want to
<b>Happy Human</b>	The Happy Human is used by many humanist organisations as a symbol for humanism
<b>Humanism</b>	Humanism is a non-religious worldview
<b>Humanist</b>	A person who follows humanism
<b>Humanist UK</b>	The national charity for non-religious people in the UK
<b>Responsibility</b>	Humanists believe we have a responsibility to make the most of the one life we have, support other people to be happy and to consider other animals and the planet
<b>Symbol</b>	A picture, shape, colour or object that stands for a deeper idea
<b>Values</b>	Ideas and beliefs a group or person follows that helps them decide what is right and wrong

## Humanism Today



Humanists celebrate important life events like weddings, baby naming ceremonies and funerals without religion. They enjoy festivals like Christmas for fun and tradition, not for religious reasons.



Many humanists partake in Sunday Assembly which is like a gathering for humanists. People sing, talk and enjoy being together. Their motto is:

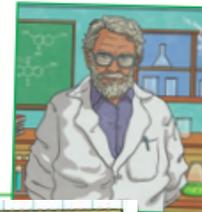
**'Live Better, Help Often, Wonder More'.**

## What Is Humanism?

People believe different things. Some believe in one God, some in many gods and some don't believe in any gods. Humanists are people who don't follow a religion. Instead, they try to live a good life by being kind, fair and helping others.



Humanism is a philosophy, not a religion. Humanists believe we should make the most of this life, as they don't believe in life after death. They trust science to explain the universe and don't believe in supernatural powers.



## Did You Know...?

Humanists represent their positive attitude to life with the symbol of the Happy Human.



## The Growth of Humanism

People who didn't believe in gods have existed for a long time. Humanism became popular during the Renaissance in Italy, a time full of amazing new ideas in science and art. Later, in Victorian times, Charles Darwin's idea of evolution helped humanism grow.



## Famous Humanists

- **Stephen Fry** – actor and writer
- **Dr Maggie Aderin-Pocock** – space scientist
- **Philip Pullman** – author
- **Sandi Toksvig** – presenter and comedian
- **John Amaechi** – psychologist and author

