

<u>Woodside</u> PSHE and wellbeing long-term plan based on SCARF half-termly units and related key themes (Units include lesson plans that cover all the DfE statutory requirements for Relationships Education and Health Education)

Year/Half-termly unit titles	1: Autumn 1 Me and my Relationships (8 week term)	2: Autumn 2 Valuing Difference (7 week term)	3: Spring 1 Keeping Safe (6 week term)	4: Spring 2 Rights and Respect (5 week term)	5: Summer 1 Being my Best Self (6 week term)	6: Summer 2 Growing and Changing (7 week term)
Pre-school: Year A	SCARF	SCARF	SCARF	SCARF	SCARF	SCARF
and B	Marvellous me.	Me and my friends.	People who keep me	Looking after myself.	What does my body	Growing and changing
		Friends and family.	safe.	Looking after others.	need?	When I was a baby.
**O	My Happy Mind	Including everybody	Safety indoors and	Looking after the		Girls, boys and families.
All Hill	Meet your Brain – Berty		outdoors.	environment.	My Happy Mind	
	and Betty's play date	My Happy Mind	What's safe to go into		Engage – Ernie's	GHLL SRE – integrated
	and x 3 activities.	Appreciate –Arabella	my body?	My Happy Mind	birthday tree and x 5	lesson planning to meet need of children in cohort
		and her friends at the	NODGO DE LE	Relate – Rose' story day	activities	need of children in conort
	Celebrate – Charlie's	seaside and x 4	NSPCC - Pantsaurus	and x 2 activities		
	rainbow adventure and x 4 activities.	activities.				
Class One: Year A	SCARF	SCARF	SCARF	SCARF	SCARF	SCARF
and B	What makes me	Same and different.	What's safe to go into	Looking after my special	Healthy eating.	Cycles
	special?	Same and different	my body?	people.	Move your body.	Life stages
EYFS curriculum	Spoolar.	families.	Keeping my body safe.	Being helpful at home	A good night's sleep.	Girls and boys –
	My Happy Mind	Same and different	Safe outdoors and	and caring for our		similarities and
- O	Meet your Brain – Berty	home.	indoors.	classroom.	My Happy Mind	difference
All All A	and Betty's play date		Keeping safe online.	Caring for our World.	Engage – Ernie's	
	and x 3 activities.	My Happy Mind	People who help to	Looking after money.	birthday tree and x 3	GHLL SRE – integrated
		Appreciate –Arabella	keep us safe.		activities	lesson planning to meet
	Celebrate – Charlie's	and her friends at the		My Happy Mind		need of children in cohort
	rainbow adventure	seaside and x 4	NSPCC - Pantsaurus	Relate – Rose' story day		
	and x 4 activities.	activities.		and x 1 activities		
Class Ture Versus	I am special – CT	SCARF	SCARF	SCARF	SCARF	SCARF
Class Two Year A: 2023-24	planned	Who are our special	Super sleep	Around and about the	Healthy eating	Healthy Me.
2020-24	SCARF	people?	Sharing pictures.	school.	including dental	Then and Now.
Year 1 curriculum	Why do we have classroom rules? –	Same or different?	What could Harold do?	Harold's money.	hygiene (Eat well & Harold's wash and	Keeping privates
	creation of class	Unkind, tease or bully?	NSPCC – Pantsaurus	My Happy Mind	brush up.) – CT	private.
	Charter/Mantra	My Happy Mind	1431 CC - Fallisaulus	Relate – x 3 lessons	planned	GHLL SRE – integrated
	Good friends.	Celebrate – x 4 lessons	My Happy Mind	1.01010 X 0 10330113	Basic first aid (SCARF	lesson planning to meet
		20.000 A 110000110	Appreciate – x 3 lessons		Rights and Respect)	need of children in cohort
	My Happy Mind		, , , , , , , , , , , , , , , , , , , ,		0 1 1 1 1 1 1 1 1 1	
	Meet your Brain – x 5				My Happy Mind	
	lessons				Engage – x 4 lessons	

	I am special – CT	SCARF	SCARF	SCARF	SCARF	SCARF
Class Two Year B: 2024-2025 Y2 curriculum	SCARF	My special people (focus on who helps us) When someone is feeling left out (focus on diversity) Solve the problem. My Happy Mind Celebrate – x 4 lessons	Harold's picnic. How safe would you feel? NSPCC – Pantsaurus My Happy Mind Appreciate – x 3 lessons	Playing games. Harold saves for something special. How can we look after our environment? My Happy Mind Relate – x 3 lessons (*note shortened term 4 ½ weeks, will not complete unit unless double lesson one week)	My day. Personal hygiene including dental (Harold's postcard & Harold's bathroom)- CT planned My Happy Mind Engage – x 4 lessons	You haven't grown. My body, Your body. Respecting privacy. Some secrets should never be kept. GHLL SRE – integrated lesson planning to meet need of children in cohort (*note term 7 ½ weeks)
Class Three Year A: 2023-2024 Y3 Curriculum	SCARF As a rule; Develop Class charter/mantra. How can we solve this problem? (Conflict & resolution) Dan's Dare (peer pressure) My Happy Mind Meet your Brain – x 5 lessons	Friends and neighbours. Zeb. My Happy Mind	SCARF Safe or unsafe? Super searcher (online safety – alternative lesson 'None of your business – term 6) Help or harm (medicines, smoking and alcohol) My Happy Mind Appreciate – x 3 lessons		SCARF Derek cooks dinner. Poorly Harold For or against? My Happy Mind Engage – x 4 lessons (*note will not complete unit unless double lesson one week)	SCARF Body Space My changing body Basic First Aid GHLL SRE – integrated lesson planning to meet need of children in cohort
Class Three Year B: 2024-2025 Y4 Curriculum	SCARF Human machines; Develop Class charter/mantra Different feelings (Conflict & resolutions). Under pressure (Peer pressure) My Happy Mind Meet your Brain – x 5 lessons	SCARF Can you sort it? People we share our World with. That's such a stereotype! My Happy Mind Celebrate – x 4 lessons	SCARF Exploring risk: (Danger, risk or hazard? & Keeping ourselves safe.) CT planned Picture safety (online safety) Medicine: Read the label. My Happy Mind Appreciate – x 3 lessons	SCARF It's your right. How do we make a difference? Paying taxes. My Happy Mind Relate – x 3 lessons (*note shortened term will not complete unit unless double lesson one week)	SCARF SCARF hotel. Harold's seven R's. Basic First Aid. My Happy Mind Engage – x 4 lessons	SCARF All change! Preparing for changes at puberty. Together. GHLL SRE – integrated lesson planning to meet need of children in cohort (*note term 7 ½ weeks)
Class Four Year A: 2023-24 Y5 Curriculum	SCARF Collaboration challenge; Develop Class charter/mantra Give and Take. Relationship cake.	SCARF Land of Red People Is it true? Stop, start, stereotypes. My Happy Mind Celebrate – x 4 lessons	Stop bullying. Play, like, share	SCARF Fact or opinion. Mo makes a difference. Right, respecting and duties. Spending wisely.		SCARF Dear Ash! Growing up and changing bodies. Help! I'm a teenager, get me out of here!

	My Happy Mind		My Happy Mind	My Happy Mind		GHLL SRE – integrated		
	Meet your Brain – x 5		Appreciate – x 3 lessons	Relate – x 3 lessons		lesson planning to meet need of children in cohort		
	lessons			My Happy Mind – SUMMER	2	riced of children in conon		
				Engage – x 4 lessons	_			
				5 5				
Olava Evan Varia B	SCARF	SCARF	SCARF	SCARF		SCARF		
Class Four Year B: 2024-2025	Working together;	Respecting difference	To share or not to share	Two sides to every story.		Media manipulation. Helpful or unhelpful?		
2024 2020	Develop Class charter/mantra	Tolerance and respect for others	(Online safety) What sort of drug is?	Fakebook friends. Happy shoppers – caring fo	or the environment	Managing change: is		
Y6 Curriculum	Behave yourself.	Boys will be boys.	Substance misuse –	Democracy 1 & 2 (CT plant		this normal?		
	Don't force me.		(Drugs, It's the law &	20111001007 1 012 (01 pionii		Making babies.		
	Acting appropriately.	My Happy Mind	Alcohol, what is normal.	My Happy Mind				
		Celebrate – x 4 lessons	– CT planned)	Relate – x 3 lessons				
	My Happy Mind			My Happy Mind – SUMMER	2	need of children in cohort.		
	Meet your Brain – x 5		My Happy Mind	Engage – x 4 lessons	2	7.7		
	lessons (*note will not complete unit unless		Appreciate – x 3 lessons	Lingage X 4 10330113		(*note term 7 ½ weeks)		
	double lesson one week)							
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	Article 12: Every child has the right to express their views, feelings and wishes in all matters that affect them, and to have their views taken seriously. Article 13: Every child must be free to express their thoughts and opinions and to access all kinds of information, as long as it's within the law.							
	Article 29: Education mu							
Feel good days		their own and other culture		T	T = ::			
linked to Rights Respecting	13 th September – Positive thinking day	13 th November- World Kindness day	9 th – 15th February- Children's Mental	8 th March -International Woman's day	5 th June – World Environment Day	16 th June- Learning disability week		
Values.	1 Oshive hilliking day	Kilidiless day	Health week	Woman's day	Liiviioiiiileiii bay	disability week		
Focus on Mental	21st September –	17 ^{th - 21st} November - Anti		20 th March – International	June: Pride Month	20 TH June-		
Health & wellbeing,	Gratitude day	bullying week	6 th February – Time to talk day	day of Happiness		Refugeeawareness week		
diversity, equality	10 th October – Mental	November - Men's	laik ady	22 nd April - Earth day		week		
& equity	Health day	mental health month	14 th – 20th February –	,		1st July- International		
awareness.	0.1.10005.811	10th D	Random Acts of	March 2024: Women's		Joke week!		
	October 2025: Black History Month	10 th December- International Human	Kindness week	history month		30 th July – International		
	Thistory Monit	Rights day				day of Friendship		
	Dights Doop sating Value							
	Rights Respecting Values: Article 14: Every child has the right to think and believe what they want and practice their religion, as long as they are not stopping other people from							
Let's celebrate!	enjoying their rights. Governments must respect the rights of parents to give their children information about this right.							
	Article 30: Every child has the right to learn and use language, customs and religions of their family, regardless of whether these are shared by the majority of							
	the people in the countr	y where they live.						

Days of Religious,	11 -13 th Septembe r-	5 th November – Bonfire	21st January - World	18 th February – 20 th	20 th May – Vesak :	21st July – Asala day-
Faith and special	Rosh Hashanah	Night	Religion day	March-	Buddhist	Dharma Day: Buddhist
significance.	Judaism			Ramadan: Islamic		,
		November 12th-	107h February -			
Linked to RE	1 st 2 nd October	Remembrance Sunday	Chinese New Year	5 th April-		
	September - Yom			Easter: Christian		
	Kippur: Judaism	20th October - Diwali :	13 th February - Shrove			
		Hinduism	Tuesday: Christian	25 th March- Holi: Hinduism		
	7 th – 13th October -					
	Sukkot: Judaism	14th -22nd December -	14 th February-	20 th March		
		Hanukkah: Judaism	Valentine's day	Eid Al Fitr: Islamic		
		8 th December – Bodhi		1st – 9th April		
		day: Buddhist		Passover: Judaism		
		25 th December				
		-Christmas Day: Christian				

Please note the dates are for 2023-24 and maybe subject to change.

Calendar links: https://littleowls-premium.com/special-dates-calendar

Gloucester agreed syllabus for RE, SACRE: https://www.gloucestershire.gov.uk/media/12290/gloucestershire-agreed-syllabus-2017-2022.pdf