

PREPARING VEGETABLES (VEG AND DIPS) – Y1 AND Y2 DESIGN TECHNOLOGY

Key Vocabulary

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| Peel | remove the outer covering or skin from (a fruit or vegetable) |
| Grate | reduce (food) to small shreds by rubbing it on a grater |
| Slice | cut (something, especially food) into slices |
| Wash | To clean and remove any dirt (to make it safe to eat) |

There are many different vegetables and dips to try!



Fruit and vegetables are an important part of our diet. They help us to stay healthy!



Wash



Slice



Peel



Grate

