

How does faith help people? RED SQUIRREL CLASS

Important Beliefs

- Christians believe in God's love and comfort, and that there is life after death in heaven.
- Muslims believe in helping others through Zakat and trust Allah in times of hardship.
- Sikhs serve others selflessly through Seva as part of their faith.
- Hindus believe in karma and reincarnation – that good actions lead to a better next life.
- Buddhists aim to live with compassion and avoid suffering through the Eightfold Path.



Links to previous learning:

Why do Hindus want to be good? (Y5/6)

Why do people believe in God? (Y5/6)

Key Vocabulary

Faith	strong belief or trust in something or someone, especially without proof
Heaven	a place believed by Christians to be with God after death
Prayer	a way people communicate with God or a higher power
Zakat	giving to charity, one of the Five Pillars of Islam
Judgement	belief that people will be judged for their actions in life
Dharma	duty or the right way to live in Hinduism and Buddhism
Seva	selfless service to others, especially in Sikhism
Reincarnation	belief that a soul returns in a new body after death
Karma	the idea that good or bad actions affect your future

Key Questions

What is faith and how does it help people?
How do different religions respond to good and bad times?
What do religions teach about life after death?
How do beliefs about the afterlife affect how people live?
What can we learn from the faith of others?