

Key Vocabulary	
Hindu	A follower of Hinduism, one of the major world religions.
Deity	A god.
Brahman	The ultimate reality and supreme being in the Hindu scriptures. Brahman is a part of the trimurti.
Vishnu	A god in the trimurti.
Shiva	A god in the trimurti.
Trimurti	Brahma (Creator), Vishnu (Preserver) and Shiva (Destroyer) – 3 ways of understanding god.
Aum	The most sacred Hindu symbol.
Atman	Spark of Brahman (Ultimate Reality) in all living beings according to Hindu belief.
Puja	Hindu worship.



The symbol of aum is the most important and special symbol in Hinduism.

For Hindus, it represents 'Brahman' from where the whole universe came.



Hindus worship in a temple called a mandir. People can visit the mandir at any time to pray and participate in the bhajans (religious songs).



Hindus also worship at home and often have a special shrine to particular gods.



The Trimurti is made up of 3 gods. Each one represents one aspect of god.

Hinduism is over 4000 years old, making it one of the world's oldest religions.

It is made up of a variety of different religious beliefs and practices.

It originated near the Indus river in India.