

Thursday @ 10 am.

REPREZENT

ON THE LEVEL

STEPPING UP

'Stepping Up' Parent & Carer Transition Shows

Starting secondary school for all children can be exciting, but new experiences can bring anxiety for both children and their families. Having the tools, knowledge and strategies to recognise stress and anxiety can really help all children at all stages of development to start secondary school successfully.

As part of our support around preparation for Year 7, we would like to invite Parents & Carers to join a 30 minute online interactive TV show all about ways to support your child and yourselves.

Young Minds Matter and Gloucestershire Healthy Living & Learning (GHLL) have commissioned this 30 minute online interactive TV show. Your child will soon watch the show as part of their Transition activities in school: they will learn some easy to use strategies and tools to help them support themselves and flourish.

A special Parents / Carers version of the show is available at the times and dates listed below. You can join any of the shows listed below, any number of times – but you do need to book.

You should book the show time and date that best works for you. Each available date and time has a unique Eventbrite booking page. On booking you will receive a YouTube link that you can click on to watch the show go out live at your booked time.

The YouTube link for each date and time is unique. Please ensure that you use the correct link for the show you want to watch, otherwise there will be nothing to view!

During the show you will be asked to participate and respond to some simple questions by also logging onto www.slido.com. (Please note this is best done from a different device than the one you're watching the show on e.g. your phone if you're watching the show on a computer or iPad.) You will enter the code 'Rep1' into the box when requested and that will take you to the interactive questions.

If you have any further questions please do contact Jim on schoolsupport@represent.org.uk

Date & Time	To book follow this link...
Thursday 6th July 9:00 - 9:30	https://www.eventbrite.co.uk/e/654749813317
Thursday 6th July 12:45 - 13:15	https://www.eventbrite.co.uk/e/1245-1315-stepping-up-on-the-level-parents-carers-show-tickets-656556085927
Thursday 6th July 19:00 - 19:30	https://www.eventbrite.co.uk/e/1900-1930-stepping-up-on-the-level-parents-carers-show-tickets-656556396857



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<u>Friday 7th July 9:30 - 10:00</u>	https://www.eventbrite.co.uk/e/0930-1000-stepping-up-on-the-level-parents-carers-show-tickets-656559375767
<u>Friday 7th July 14:00 - 14:30</u>	https://www.eventbrite.co.uk/e/1400-1430-stepping-up-on-the-level-parents-carers-show-tickets-656559656607
<u>Friday 7th July 18:00- 18:30</u>	https://www.eventbrite.co.uk/e/656559837147
<u>Tuesday 5th September 9:30 – 10.00</u>	https://www.eventbrite.co.uk/e/656560649577
<u>Wednesday 6th September 9:00- 9:30</u>	https://www.eventbrite.co.uk/e/656561451977
<u>Thursday 7th September 9:00- 9:30</u>	https://www.eventbrite.co.uk/e/656561833117