

## Nature Nurtures Referral Form

A nature-based programme for young people aged 5 - 11 in Gloucestershire

The purpose of Nature Nurtures is to provide a space for young people aged 5 - 11 in Gloucestershire to be immersed in nature by getting involved with activities in a small group in the outdoors. Each programme runs for 8 weeks on a weekend, with weekly two and a half hour sessions, either in the morning for ages 5-7 or afternoon for ages 8-11. The sessions will be delivered in person at one of our selected sites around Gloucestershire.

**Please note** that all sections must be completed as this form is an important data collection and risk assessment tool. Regrettably, we will be unable to process referral forms with incomplete sections.

### Eligibility

Please read the 'Nature Nurtures Suitability Guidelines' prior to filling out this form.

### Outcomes

By spending time outside alongside like-minded individuals, the sessions hope to ease stress, support confidence, and reduce low mood through the programme's duration.

### Part A - Referred person's details *(to be completed by parent/carer)*

Referred person's name:			
Date of birth:		Gender:	Male <input type="checkbox"/> Female <input type="checkbox"/> Other: _____ <input type="checkbox"/> Prefer not to say <input type="checkbox"/>
Name of parent /carer:			
Referred person's address:		Email address:	
		Phone number:	

### Part B – Additional information *(to be completed by parent/carer)*

Reason for referral i.e. what wellbeing concerns are showing up in day-to-day life:
Please detail signs to look out for that they are struggling, along with approaches that are useful in supporting them (e.g. reassurance, space, movement, a distraction like colouring-in):

Please detail any health or behavioral needs we should be aware of:		
Date of sessions – your child will need to be able to attend at least 5 of these sessions to be eligible for a place. Please tick which you can attend:		
Jan 21 <sup>st</sup> <input type="checkbox"/>	Feb 11 <sup>th</sup> <input type="checkbox"/>	March 4 <sup>th</sup> <input type="checkbox"/>
Jan 28 <sup>th</sup> <input type="checkbox"/>	Feb 18 <sup>th</sup> <input type="checkbox"/>	March 11 <sup>th</sup> <input type="checkbox"/>
Feb 4 <sup>th</sup> <input type="checkbox"/>	Feb 25 <sup>th</sup> <input type="checkbox"/>	

### Part C - Consent

By ticking this box, you consent to the Gloucestershire Wildlife Trust to store your data securely for the purposes of this project. GWT will not contact you for any other purposes other than regarding the project and will not share your personal contact data with any other party.

Keeping in touch:

We'd love to stay in touch and keep you updated about our exciting projects, local wildlife, and reserve updates, and to give you the opportunity to feel part of our amazing community by letting you know about our charitable efforts, fundraising and volunteering activities. You can change the way we contact you at any time by emailing us at [membership@gloucestershirowildlifetrust.co.uk](mailto:membership@gloucestershirowildlifetrust.co.uk) or by calling us on 01452 383333.

Please tick if you're happy to receive this information by:

Email

Telephone

Your privacy is a priority. We promise to protect your personal data, in accordance with our Privacy Policy: [www.gloucestershirowildlifetrust.co.uk/privacy-policy](http://www.gloucestershirowildlifetrust.co.uk/privacy-policy)

### Referral Process:

1. Parent/carer to return via email to [Heather.Moore@gloucestershirowildlifetrust.co.uk](mailto:Heather.Moore@gloucestershirowildlifetrust.co.uk)
2. Gloucestershire Wildlife Trust Nature and Wellbeing Officer liaises with referrer and family to let them know of the upcoming programmes and to book their place.

**Thank you for completing this form.**

FOR OFFICE USE ONLY	
Date of receipt:	



## Child registration form

Name of Child:			
Known name if different:			
<b>Parent / carer primary contact (essential info)</b>			
Name:			
Mobile number:			
Relationship to child:			
<b>Parent / carer or alternative secondary contact (essential info)</b>			
Name:			
Mobile number:			
Relationship to child:			
<b>Essential information about your child</b> Please let us know if your child has any allergies, health issues, conditions, or disabilities we need to be aware of, or that might affect them during activities.			
<b>Behavioural needs</b> Please let us know if your child has any behavioural or access needs that we should be aware of, or that might affect them during activities.			
Are you happy for them to apply our sun lotion / insect repellent if they lose theirs?	Yes	<input type="checkbox"/>	No

*This sheet will be kept by the GWT leader for the duration of the sessions, for easy access should it be needed and then stored according to the GWT GDPR Policy.*

-----to be tom off and given to parent-----

<b>Leader's Name:</b>	Heather Moore
<b>Leader's mobile number</b>	07485307204

**Parent/guardian consent form**

<b>GWT Activity</b>	Nature Nurtures	<b>Location of activity</b>	The Wilderness Centre
<b>Date of activity</b>	8 weeks: Sat Jan 21 <sup>st</sup> – Sat March 11 <sup>th</sup>	<b>Time of activity</b>	Age 5 - 7: 10am – 12.30 Age 8 - 11: 1.30 – 4pm
<b>GWT leader</b>	Heather Moore	<b>Contact number</b>	07485307204

Commented [M51]: To be completed by Heather as appropriate

To comply with our Codes of Practice and for your child's safety, we require written consent from parents or guardians for all children under 18 years of age taking part in this activity. If you consent to your child attending, please complete the remainder of this form.

If you have any questions in this regard, please contact the event leader named above.

<b>Child's name</b>		<b>Date of birth</b>	
<b>Parent / Guardian's name</b>		<b>Address</b>	
<b>Phone number (inc. area code)</b>		<b>Alternative Number (essential)</b>	
<b>Attendance dates (Please mark dates you cannot attend with an x)</b>	Sat Jan 21 <sup>st</sup> <input type="checkbox"/> Sat Jan 28 <sup>th</sup> <input type="checkbox"/> Sat Feb 4 <sup>th</sup> <input type="checkbox"/>	Sat Feb 11 <sup>th</sup> <input type="checkbox"/> Sat Feb 18 <sup>th</sup> <input type="checkbox"/> Sat Feb 25 <sup>th</sup> <input type="checkbox"/>	Sat March 4 <sup>th</sup> <input type="checkbox"/> Sat March 11 <sup>th</sup> <input type="checkbox"/>

Commented [M52]: To be added by Heather

**Collection arrangements:**

1. I will collect the child myself	<input type="checkbox"/> (tick)
2. Named person ..... will collect the child (NB: Proof of identity may be requested)	<input type="checkbox"/> (tick)

I consent for the above-named child to participate in the activity described as indicated.

I understand that in the event of illness or accident that the activity leader considers needs medical attention, medical aid will be sought, and all attempts made to contact parents/ guardians. In the event of no contact being possible, a doctor, following strict guidelines, will decide whether examination and subsequent treatment are necessary. If they are deemed to fully understand the situation then young people under the age of sixteen may give their own consent to examination or treatment.

Signed (parent/guardian)		Date	
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Signed (GWT staff/volunteer)		Date	
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## **Behaviour and expectations policy for participants**

### **Nature Nurtures – September 2022**

Gloucestershire Wildlife Trust must make sure that everyone taking part in the Nature Nurtures project has understood the expectations of their behaviour, and that they understand the consequences of inappropriate behaviour. We expect people who take part in Nature Nurtures to display appropriate behaviour at all times, and this policy will be discussed with participants during sessions and when appropriate. The 'Do's' and 'Don'ts' in this policy will be highlighted and available for children to view throughout sessions.

#### **DO'S AND DON'TS**

##### **You should:**

- cooperate with others
- be friendly
- listen to others
- be helpful
- have good manners
- treat everyone with respect
- take responsibility for your own behaviour
- talk to the leaders about anything that worries or concerns you
- join in and have fun!

##### **You shouldn't:**

- be disrespectful to anyone else
- bully other people
- behave in a way that could be intimidating
- be abusive towards anyone

#### **PROCESS FOR NOT FOLLOWING POLICY**

##### **Minor or first-time incident**

If you behave in a way that doesn't follow this policy, Heather and Lynn will remind you about it and ask you to comply with it. They will give you an opportunity to change your behaviour.

This gives you the chance to think and to plan how you could behave differently, with support.

##### **Formal warning**

If you continue not to follow this policy after your first reminder, or if your behaviour is more serious, you will be given a formal warning by Heather. They will make a record about what happened and inform your parents or carers if this is appropriate. They will also talk with you about what happened and agree what support you need to improve your behaviour in the future.

##### **Final warning**

If the support we have put in place isn't helping you to change your behaviour, we may need to give you a final warning. Again, this will be recorded, and we'll inform your parents or carers as appropriate.

## **Rules / Expectations during sessions**

During sessions we need you to do three main things: 'look after yourself', 'look after each other' and 'look after nature'

How do we do this?:

- Stay with the group - if we need to go somewhere, we all move together for our safety
- When we are moving around, one of the leaders must be at the front of the group at all times - we are the ones that know where we're going, and we also need to look out for any hazards ahead
- We need you to help us look out for hazards too - look above, below, and around for hazards and point them out to others
- If you need to go to the toilet, please speak to one of the leaders, and we will head there as soon as we can
- Before tucking into any snacks, we need to wash our hands, or use a wipe/hand sanitiser
- If one of the leaders asks you to stop doing something, it will be for safety reasons, so please do so immediately
- Only pick or take things from nature if we ask you to for a specific activity
- We want to make sure we have trust flowing both ways – we want to be able to trust that you can be sensible doing activities, and we want you to be able to trust us to keep you having a good time. This means that if you are uncomfortable during an activity, please tell us as we can make adjustments