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# Solihull Parenting Drop in Sessions



Parenting is tough.  
Remember you are not alone.

Barnardo's are offering 4 Drop-in sessions around parenting support, to include finding effective strategies in promoting emotional well-being.

### Session dates:

- 2<sup>nd</sup> May 9:00-10:30am (Venue Soudley Primary School)
- 9<sup>th</sup> May 9:00-10:30am (Venue Steam Mills School)
- 16<sup>th</sup> May 9:00-10:30am (Venue Woodside Primary School)
- 23<sup>rd</sup> May 9:00-10:30am (Venue Soudley Primary School)

For further information, please contact your school's Family support worker/ Pastoral Team.

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