



Woodside Matters 19

from Mrs Davis

11.05.18

www.woodside.gloucs.sch.uk

From GCC:

For every child that is entitled to Free School Meals a school receives extra funding to enhance provision and improve progress and outcomes for children. This is called the Pupil Premium Grant. Your child can still bring a packed lunch if they prefer but by applying through the Free School Meal Portal you ensure their school receives this grant.

Free School Meals Frequently Asked Questions

1. Who can apply?

In order to qualify for Free School Meals for your children you must be in receipt of one of the following benefits:

- Income Support
- **income-based** Jobseeker's Allowance
- **income-related** Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (**provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190**)
- Working Tax Credit **run-on** - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - **your household income must be less than £7,400 a year (after tax and not including any benefits you get)**

2. My child is eligible for Free School Meals but I don't want to take up the offer – why would I apply?

For every child that is entitled to Free School Meals the school receives extra funding to enhance provision and improve progress and outcomes for children. This is called the Pupil Premium Grant. Your child can still bring a packed lunch if they prefer but by applying through the Free School Meal Portal you ensure their school receives this grant.

3. What are Universal Infant Free School Meals?

From September 2014 all infant school children were eligible to have a school meal for free. **You still need to apply through the Free School Meal Portal to ensure your child's school receives any additional funding they may be entitled to.**

4. What is the Free School Meal Portal?

As a parent and/or carer you can apply for Free School Meals online along with your Admissions and Transport applications. The Free School Meals Portal also includes an online eligibility checking service which provides instant feedback – so we can easily confirm if you are entitled.

5. Do you need to have a computer to do this?

No – applications can also be made using your Smartphone or tablet. It's also possible to use computers at Gloucestershire libraries

6. What do you need in order to apply?

You will need to have an email address and your National Insurance or National Asylum Support Service (NASS) number to hand

7. Can I use my login and password which I had when I applied for a school place?

Yes, it will be the same login and password as when you applied through the portal for School Admissions or if you have recently made an application through the Year 2 Funding portal.

8. Is this the only method of applying?

No, the paper forms are still available but it will be far more efficient and quicker to apply using the portal. The portal will advise you of your entitlement shortly after you have fully submitted your application, unlike the current five day processing time with paper forms.

This term's school value is... **friendship**

We are really pleased to hear that another ex-pupil is head boy at Dene Magna. Over the last few years, two girls and two boys from Woodside have been head-boy or head-girl at local secondary schools. Many congratulations!

Welcome to Mr Fishwick, a PGCE teaching student, who is joining us in early years and key stage one until the end of June. Miss Walding and Miss Roberts have joined us for the summer term as teaching assistants.

It is sun hats and sun cream time of year-on and off! PLEASE put your child's name on their hat and apply all-day sun cream before school. If you are sending in cream, please make sure it is labelled and remind your child not to share (due to allergies). Thank you

PTFA Thank you to Mrs Morris and Mrs Hughes for all their hard work in organising events since September. PTFA events will resume in the Autumn term and we will use our newsletter and new app messaging service for PTFA communications.

From Gloucestershire Healthy Living and Learning (GHLL):

The importance of good sleep cannot be over estimated. Poor sleep affects both our mental and physical well-being, often leading to poor concentration, stress, worry and mood disorder. Many of the children and young people surveyed by GHLL are using electronic devices and TVs close to bedtime which may contribute to disrupted sleep patterns. Good sleep has proven advantages for memory and performance. Sleep releases growth hormones and helps the body and mind develop well; it enables the brain to make sense of the day's events and helps us to keep emotionally balanced. The Gloucestershire Online Pupil Survey indicates that many of our children are not getting good enough sleep to be refreshed and ready for learning:

- 24% of Y6 pupils report regularly going to bed at 10pm or later
- 27.4% of Y4 & Y6 report taking 2 or more hours to go to sleep once in bed
- 15.8% of Y4 & Y6 spending this time in front of screens (TVs, computers, devices)

There is increasing evidence that too little sleep in children has a detrimental effect on their growth, attainment and mental health. Good sleep habits can be laid down during childhood and this resource aims to teach children and young people how to avail themselves of a good night's sleep

Getting Ready to Sleep Well: Simplified Top Tips

- Limit how much TV you watch close to bedtime
- Avoid watching programmes or films that have upsetting or scary content close to bedtime
- Avoid sugary foods or drinks in the evening
- Leave mobile phones or other devices in another room, ideally downstairs if you live in a house
- Listen to or read a calming story (save the action and thrills for early evening!)
- Listen to some soothing music

Aspirations Week (week beginning 2nd July)

Please see Newsletter 17 on our website for all the details

_____ (name) can come in to share
_____ with a class/group of children.

(Dates, times/class can be confirmed when it suits you.)

Contact details _____

Thank you in advance!

