



Woodside Matters 1

from Mrs Davis

7.09.17

www.woodside.gloucs.sch.uk

WELCOME BACK EVERYONE!

We are all ready for the busy term ahead and look forward to working with you. A warm welcome to our new families. As ever, please contact us promptly with any queries.

Please return the home-school agreement form by next Friday (15th Sept).

We have had a great start back and we are all reminded about our school community ethos and school values of: **determination, friendship, tolerance, courage, respect and self-belief.**

These are very important to us and shape our work at Woodside. All staff have been helping children to settle in, learn new class expectations and routines. Our expectations are high for behaviour and 'work ethic' and there is a lovely buzz around the school. Please join us on the mornings of Tues 3rd and/or Thurs 5th Oct 9-11:30am for open mornings, when you can spend time alongside your child in class. This is a very popular way of finding out what your child is expected to do in school and really helps when you support their learning at home.

Welcome back to Mrs Phelps and welcome to Miss Berry, a trainee teacher, who will be based in Fallow Deer class with Mrs Jeavons and Mrs Oliver until Christmas. Thank you to Pete Linnane and Mr Rudge for helping to smarten up the school over the school holiday.

I am very pleased that the government are doubling the Sports Grant, so we will have extra funding to extend our sport and PE opportunities. I have arranged for sports coaches (Mr Clark and Miss Brain) to work with each class and we would like to develop our inter-school competitions and outdoor area. We are introducing the 'Daily Mile' which is an opportunity for children to have more exercise and fresh air during the school day, re-energising them when needed!

Well done to all children who took part in the Summer Reading Challenge-see our website for photos. Please check our website regularly-these newsletters and other letters are on our website.

Dates for your diary:

PGL -Y5 and 6 children Mon 11th to 13th Sept. Mrs Davis will be in Woodpeckers class as Mrs Cotterell is going to PGL.

Harvest Festival Fri 22nd Sept at 2pm All welcome. Donations of food to be sold to donate funds to the local Over 60s Christmas meal

Open mornings Tues 3rd and Thurs 5th Oct 9-11:30 am Please come to the hall for 9am

Parents Evenings Mon 9th Oct and Weds 11th Oct-letters will be sent out to arrange these appointments

Half term-Term 1 ends at 3pm on Fri 20th Oct and school resumes on Mon 30th Oct.

Please make sure you return slips promptly, that your child knows what they are having for lunch and who will collect them. PE kits must be in school every day, please.

Lunch times and lunch boxes

(info from NHS) Thinking of healthy and exciting pack lunch fillings can be a daily challenge. Especially if you can't envisage your child happily trotting off to school with a box of sprouting mung beans, and you're not bowing to the crisp and chocolate demands. Here are some simple, fast and scrumptious ideas to bring new life to the dreaded lunchbox, and remember, the power of novelty is not to be underestimated.

Healthy and happy: According to [NHS choices](#) a balanced lunchbox should contain:

- Starchy foods like bread, rice, potatoes or pasta
- Protein foods like meat, fish, eggs or beans
- A dairy item, like cheese or yogurt
- Vegetables or salad and a portion of fruit

Try these ideas:

- **Chop up raw veggies** – such as carrots or peppers, and give them hummus or cottage cheese to dip the veggies in.
- **Chop up fruit** – such as apple, satsuma segments, strawberries, blueberries, halved grapes or melon slices. Add a squeeze of lemon juice to stop them from going brown.
- **Breadsticks and wholemeal crackers** –make great finger foods. Try spreading low-fat soft cheese on them.
- **Choose malt loaf, tea cakes, fruit breads or fruit** – instead of cake, chocolate, cereal bars and biscuits. Fruit can be fresh or canned (in juice, not syrup).

Please ask for support or referral to the school nurse service if your child is not eating a wide variety of foods, such as the range described above.

**Playtime snacks must be fresh fruit or veg-no packaged items thank you.
No more than one processed/package item of high sugary/high fat food should be brought in for lunchtime –(eg one small biscuit bar or one small packet of crisps).**

Music lessons

Mrs Crawley is offering a free taster session on Wednesday 20th September 2017 for any child interested in learning to play piano or a Woodwind instrument. Can parents let office know if you'd like your child to have a taster session, please.

ADVANCE NOTICE

We have changed the next Christmas holiday dates to be in line with Dene Magna's as they have chosen alternative dates to the LA published ones. To be more convenient for families with children in both schools, the last day of Term 2 will now be on Weds 20th Dec. There will be an inset day on Fri 5th Jan and children will return on Monday 8th January 2018. All dates for 2017-18 are on website.

Office updates

Permission for walking home (contact office for form)
Offsite permission slips, return to office asp.
100 Club for this term (Sept—Dec 17) due £2.60
Dance Club payable via parent (see letter)

This term's school value is:

DETERMINATION